

SHM Grocery Delivery and Pickup Form

Please note that our stock is both fluctuating and limited, we will do our utmost to fulfil all items in your order. Substitutions are not permitted at this point in time.

| | |
|---------------------------------------------|---------------------------------------------------------|
| Name: | Address: |
| Phone Number (call or text): | |
| Email: | CHOOSE A: Delivery Date (\$35) |
| Account # or Payment Method (CC, EXP, CVC): | CHOOSE B: Pickup Date (\$15) |
| Picker/Packer: <i>INTERNAL ONLY</i> | Notes: (<i>NO-CONTACT DELIVERY, *no frozen items</i>) |
| Order taken by: <i>INTERNAL ONLY</i> | |

ORDER AS FOLLOWS

| PRODUCE | QTY | PACK SIZE | SUBSTITUTION S | NOTES |
|---------------------------|-----|-----------|-------------------|-------|
| Bananas | | | | |
| Green/Red Seedless Grapes | | | | |
| Limes | | | | |
| Lemon | | | | |
| Navel Oranges | | | | |
| Strawberries | | | | |
| Raspberries | | | | |
| Blueberries | | | | |
| Honey Crisp Apples | | | | |
| Fresh OJ - 1L | | | | |
| Avocados | | | | |
| English Cuc | | | | |
| LG Romaine Hearts | | | | |
| Potatoes | | | | |
| Broccoli Crowns | | | | |
| Vine Cluster Tomatoes | | | | |
| Sweet Potato/Yam | | | | |
| Carrots | | | | |
| Celery | | | | |
| Onion | | | | |
| Green Beans | | | | |
| Bell Peppers | | | | |
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| | | | | |
|-------------------------------|--|--|--|--|
| DAIRY | | | | |
| Milk 2% | | | | |
| 1% | | | | |
| 0% | | | | |
| Half & Half | | | | |
| Cream (35%) | | | | |
| Butter - Salted | | | | |
| Butter - Unsalted | | | | |
| Eggs | | | | |
| Yogurt (0% or full fat) | | | | |
| Sour Cream | | | | |
| | | | | |
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| | | | | |
| CHEESE | | | | |
| Cheddar | | | | |
| Gruyere | | | | |
| Emmental | | | | |
| Brie | | | | |
| Mozz | | | | |
| | | | | |
| | | | | |
| | | | | |
| DELI | | | | |
| Sliced Turkey Breast | | | | |
| Black Forest Ham | | | | |
| Smoked Salmon | | | | |
| Salami | | | | |
| | | | | |
| | | | | |
| | | | | |
| MEAT & FISH | | | | |
| Atlantic Salmon | | | | |
| Chicken (legs, thighs, whole) | | | | |
| Pork | | | | |
| | | | | |
| | | | | |
| | | | | |
| BEEF | | | | |
| Ground - Lean or Med | | | | |

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|------------------------------|--|--|--|--|
| Rib Eye | | | | |
| Striploin | | | | |
| Flank | | | | |
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| | | | | |
| PREPARED FOODS | | | | |
| Chicken Pot Pie (SM, MD, LG) | | | | |
| Wonton Soup | | | | |
| Beef Shep Pie | | | | |
| Beef Lasagna | | | | |
| Lamb Shep Pie | | | | |
| Chicken Noodle Soup | | | | |
| Beef Chili | | | | |
| Mac & Cheese | | | | |
| Chicken Fingers | | | | |
| Pad Thai | | | | |
| Chicken Chow Mein | | | | |
| Beef Bourg | | | | |
| Buttermilk Mash | | | | |
| Beef Stroganoff | | | | |
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| DIPS | | | | |
| Classic Hummus | | | | |
| Guac | | | | |
| Salsa | | | | |
| | | | | |
| | | | | |
| BREAD/BAKERY/PASTRY | | | | |
| Ace Baugette | | | | |
| Loaf White, WW | | | | |
| Chocolate Chip Cookies | | | | |
| Loaves - Sweet | | | | |
| Oatmeal Cookies | | | | |
| Shortbread Cookies | | | | |
| Bagels | | | | |
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| PANTRY | | | | |
| Canned Tomatoes | | | | |
| SHM Tomato Basil Sauce | | | | |
| Canned Tomato Paste | | | | |
| Pasta - kinds available | | | | |
| Coffee - <i>Ily</i> | | | | |
| Tea - <i>Yorkshire Gold, PG Tips</i> | | | | |
| Rice | | | | |
| Quinoa | | | | |
| Canned Beans | | | | |
| Chickpeas | | | | |
| Lentils | | | | |
| Olive Oil | | | | |
| Canola Oil | | | | |
| Balsamic Vinegar | | | | |
| Red Wine Vinegar | | | | |
| Mustard | | | | |
| Canned Tuna, Salmon | | | | |
| Mayo | | | | |
| Chicken Stock/Broth | | | | |
| Flour | | | | |
| Sugar | | | | |
| Baking Powder | | | | |
| Baking Soda | | | | |
| GF Flour | | | | |
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| | | | | |
| HOUSEHOLD | | | | |
| Toilet Paper | | | | |
| Hand Sanitizer | | | | |
| All Purpose Spray (countertop) | | | | |
| Comet | | | | |
| Windex | | | | |
| J-Cloths | | | | |
| Dish Soap | | | | |
| Laundry Soap | | | | |
| Dishwasher Pods | | | | |
| Ziploc Bags | | | | |
| Saran Wrap/Foil Wrap | | | | |

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ADDITIONAL NOTES/INSTRUCTIONS